Help with the
Cost of Living

Easy Read

Help for Households

Contents

1 Introduction

We know people are worried about rising costs to their living expenses, so the government is offering support.

This easy read leaflet gives more information about the Cost of Living Payments to households.

For more information, go to gov.uk/helpforhouseholds

2 People on low income benefits

Millions of people on means tested benefits will receive the second of 3 Cost of Living Payments.

This could total up to **£900**.

This is on top of the payments made last year, which were worth up to **£650**.

Those who qualify will receive their payment the same way they receive their regular benefit payments.

The first payment of **£301** was paid automatically during Spring 2023.

£300

The second payment of **£300** will be paid to people who qualify from low income housholds between 31 October and 19 November.

The third payment of **£299** will be paid during Spring 2024 for most people.

You do not need to apply as the payment is automatic.

If you have had a message asking you to apply or contact someone about the payment, this may be a scam.

3   People getting tax credits

People getting tax credits and no other low income benefits will get their payment from His Majesty's Revenue and Customs.

The first payment of **£301** was paid automatically in Spring 2023.

The second payment of **£300** will be paid to customers who only get tax credits.

This will be paid between 10 and 19 November, in the same way you receive your regular tax credits payments.

The third payment of **£299** will be paid during Spring 2024 for most people.

4 Further Cost of Living support

You may qualify for further Cost of Living support depending on your circumstances.

This includes pensioners and people on disability benefits.

Find out more about the range of government support with the Cost of Living. Go to gov.uk/helpforhouseholds