



Self-directed support

Individual budgets
Personal health budgets
Individual Service Funds
Direct payments

Self-directed support

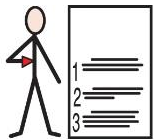
About Dosh



Dosh supports people with a learning disability to be more independent and have more control of their own money.



Dosh supports people with appointeeship, financial advocacy and self-directed support.



This booklet is about self-directed support, including individual budgets, personal health budgets, Individual Service Funds and direct payments.

About self-directed support



Self-directed support (SDS) is some money paid to you for you to buy your support.



You have a support plan which lets you plan how you will spend this money.



Dosh can support you to plan a budget and spend this money.

What can Dosh do?



We can support you to manage this money by:



- opening a Dosh bank account for your budget;



- creating a budget plan with you;



- paying for things from your budget plan;



- writing reports for your Local Authority and sending you Easy Read summaries of how you have used the money.



If you need more support with your money, you can speak to us about being your Appointee or Financial Advocate. This is an extra service. It can include support with benefits and planning how to spend your money.

Find out more



If you want to find out more about how Dosh can support you with self-directed support, you can:



- write to us:

The West House, Alpha Court
Swingbridge Road
Grantham, Lincolnshire
NG31 7XT



- look at our website: **www.dosh.org**



- send us an e-mail: **info@dosh.org**



- telephone us on: 0300 303 1288

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