



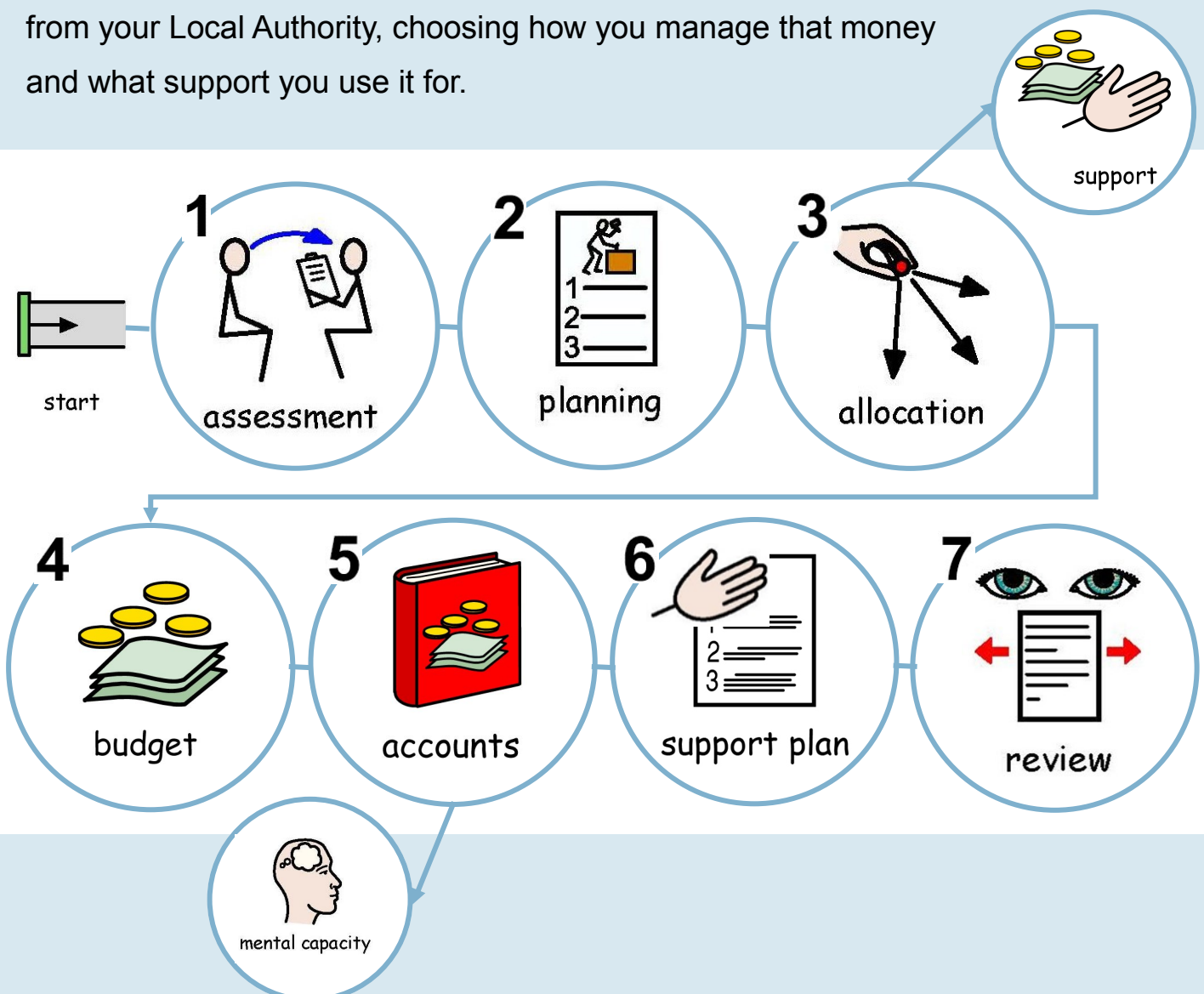
# Dosh self-directed support factsheets

## The process of getting self-directed support



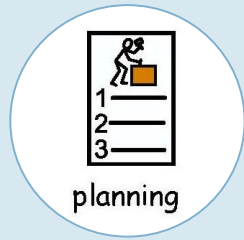
Dosh has created a series of factsheets to explain what self-directed support means, and how it may affect individuals who receive funding from their Local Authority. This factsheet explains the process of getting a direct payment, from start to finish

**Overview:** This is the process for getting care and support funding from your Local Authority, choosing how you manage that money and what support you use it for.



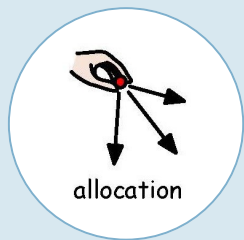


**1 Assessment of needs**  
First, your Local Authority must assess your needs if you may need care and support.



**2 Care and support planning**  
Once the Local Authority has assessed your needs, you can make a care and support plan to think about how those needs can be met.

- You decide what you want to achieve: your outcomes
- You think about how you can be supported to achieve them
  - You can lead the planning if you want
- You can have support from your social worker and other people to help you
  - The Local Authority checks your plan and signs it off



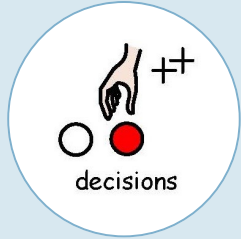
**3 Resource allocation**  
Once you have completed a care and support plan, the Local Authority will use a resource allocation system to decide how much this will cost. They will also decide how much of this they will pay for – it may not be all of the needs. This is called your **personal budget**. Once you have your personal budget you can finalise your care and support plan.



**Funded support**  
This is the support that the Local Authority will pay for

**Financial assessment**  
The Local Authority will assess your finances to decide what they will pay for and how much money you can pay towards your personal budget

**Unfunded support**  
This is the support the Local Authority will not pay for. You may be able to get referred to other organisations that can help you with this.



**4** **Your personal budget**  
Your personal budget includes support funded by your Local Authority, and money that you contribute. There are a number of ways that you can choose to take your personal budget.

**5** *Do you want the Local Authority to manage your support?*

*Do you want to receive the money yourself?*

*Do you want some, but not total control?*

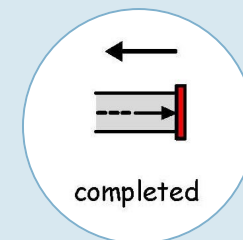
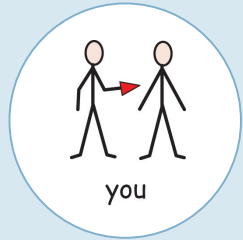
**Managed budget**  
You can let the Local Authority manage the budget for you and arrange your support. This is a managed budget.

**Direct payment**  
You can ask the Local Authority to give you the money in your personal budget so that you can choose how to spend it on support.  
You could also ask them to give the money to a family member, friend, or organisation of your choice that you trust.

**An ISF**  
You can choose an Individual Service Fund (ISF) where the money goes to your support provider or a similar organisation and is used flexibly.

**or a combination**  
You may ask for a mix of different options. You could ask for some of the money to use yourself and the rest can be managed by the Local Authority.

# The process of getting self-directed support



**Can you make this decision yourself?**  
If there is any doubt, your social worker should do a capacity assessment

**No**  
Your circle of support can make a best interest decision and you may need an authorised or suitable person to choose and manage the budget for you.

**Yes**  
You choose the type of budget you want. Even if you have capacity, you may wish to have support with managing the money.

**6** **Finalise your support plan**  
Once you know how much is in your budget and who is helping you manage it, you can finish the details of your support plan. If you have a direct payment or ISF you can work with the support provider(s) to get the support you want.

**Start your support**  
Once everything is agreed your support can start!

**7** **Review**  
Your support may be reviewed soon after it starts (for example after 6 weeks) to check everything is going well. It will then also be reviewed later to check if you are meeting your goals and how you have spent your budget.